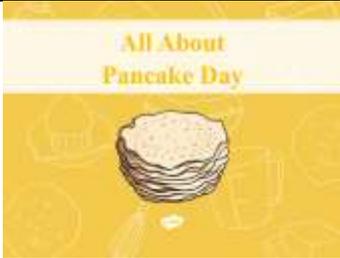
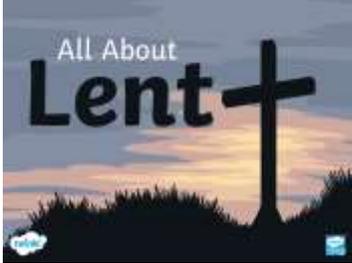
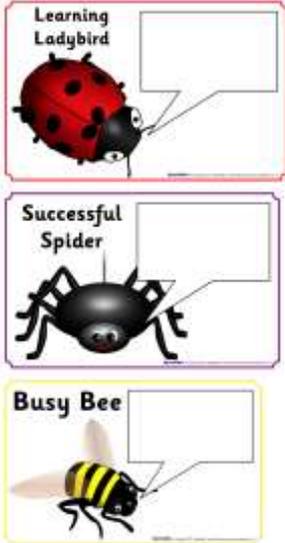


Whole School Well-Being/ PSHE Class Dojo: Weekly Plan, Spring 2, week 1, w/c Monday 22nd February

	Week 1	Images	Blurb/ links
Monday Well-Being Weekly	New beginnings – A new half term		<p>Hello everybody!</p> <p>It is a new half term. We hope you had a good rest over the holidays, and are looking forward to your new learning. We don't yet know when we will be coming back to school, but we have lots of lovely learning for you to do at home, and are really looking forward to seeing you all soon.</p> <p>This week we are thinking about new beginnings. What are you looking forward to this half term?</p>
Tuesday Tip of the Day	Shrove Tuesday	 pdf	<p>Last week, we had a special day during the holidays. It was “Shrove Tuesday” on 16th February. Some people call this day “Pancake Tuesday” because it is when lots of people in the UK make pancakes. Have a look at the powerpoint, which tells you all about Pancake Tuesday, and why it is special. Maybe you would like to make some pancakes at home!</p> <p>Enjoy. 😊</p>
Wednesday Pause for Thought (Relevant adaptation of assembly themes)	Lent, Ash Wednesday	 pdf	<p>Last week marked another special day. It was Ash Wednesday, which is the first day of the Christian festival of Lent. This is a new beginning for Christian people.</p> <p>Lent for Christians is a bit like Ramadan for Muslims. It is a time when Christians give things up so that they can remember people less fortunate than themselves. They also think about how to be a good person. Lent lasts for forty days, and at the end of Lent, Christians celebrate Easter.</p> <p>Have a look at the powerpoint, which tells you more about Lent, and what Christians do during this special time.</p>

<p>Thursday Tip of the Day</p>	<p>Timetable</p>	 <p>pdf pictures</p>	<p>Now that the holidays are over, it might be a bit tricky to get back into doing your home learning. In fact, when we are all stuck at home for such a long a time, it can be hard to get into a routine at all!</p> <p>This is when a picture timetable can be really helpful. We use them at school all the time, so that we can see what we are going to do next.</p> <p>Why not make one of your own? You can print and cut out the pictures above (just swipe across), or draw your own if you haven't got a printer.</p> <p>Then all you need to do is decide what you are going to do for the day, and stick up some pictures to match, like in the photo. Then have a look at it through the day, to see what you are going to do next. Make sure you include the things you have to do, like your home learning, and some fun things to do as a treat.</p> <p>Keep trying. You are doing really well!</p>
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<p>Friday Tip of the Day</p>	<p>Personal Targets</p>		<p>At the start of a new half term, it is good to set yourself a new learning target. This is something that you want to get better at, and are going to make a special effort to improve. Do you remember doing this in school? Your teachers are really proud of how hard you work, and how much you try to get better in your learning.</p> <p>Set yourself one new learning target now. It needs to start “I will get better at...”, and then you can finish off the sentence with your own idea.</p> <p>Here are a few examples:</p> <ul style="list-style-type: none"> • I will get better at trying my best. • I will get better at listening to my teacher. • I will get better at listening to my Mum and Dad. • I will get better at doing my home learning every day. • I will get better at practicing my reading. <p>You might like to choose one of the pictures, print it off and write your target on there. Don't worry if you haven't got a printer. You could just write down your target and draw a picture to go with it.</p> <p>Well done and good luck with your new target.</p>
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